Central Elementary School

After School Programs

Spring 2019

PROGRAMS: APRIL – JUNE 2019

REGISTRATION DATES: March 12 to April 4, 2019
PROGRAM DATES: April 8 to June 14, 2019

****NO AFTER SCHOOL PROGRAMS****
Mondays, April 22 & May 20
Fridays, April 19 & April 26

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MONDAYS:

ALL SPORTS AND GAMES

Partnership with Beyond the Bell – Port Coquitlam Recreation

Have fun getting an hour and a half of physical activity! This program provides the basics of athletic skills through fun games and a variety of sports.

The goal of this program is to offer an easily accessible, age-appropriate recreation program where school-aged children are provided with the opportunity to create friendships, have equal participation time while being supervised by a caring recreation leader. Each child is encouraged to develop their own unique skills.

This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA)

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C - M1	Gr. K – 5	Mondays	3 – 4:30 PM	Gym	Apr 8 – May 27	6	$25

JUNIOR EXPLORERS

The focus of this after school program is outdoor based play, reconnection with nature, and basic Earth Science, Biology and Ecology through indoor/outdoor play, arts and crafts and science!

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – M2	Gr. K – 5	Mondays	3 – 4:30 PM	MPR	Apr 8 – May 27	6	$35

TUESDAYS:

RHYTHMIC GYMNASTICS

BY: Grace Rhythmic Gymnastics Club

Rhythmic Gymnastics is an elegant sport both in physique and performance that combines dance and gymnastics. It involves the use of body movement with apparatus by throwing and catching the apparatus (rope, hoop, ball, ribbon, and clubs). Students will put the skills together in choreographed routines with music.

Instructor Introduction: Linda, a Prof. and M.D. of physical education, has been doing gymnastics since she was 6 years old. In 1981 She enrolled in the Beijing University of Sport and graduated with a major in artistic gymnastics. She is the three-time champion of Chinese Rhythmic Gymnastics and has placed 2nd place in the 1982 Four Continents Championships held in New Zealand.

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C - T1	Gr. K – 5	Tuesdays	3 – 4 PM	Gym	Apr 9 – May 28	8	$60

GAME DESIGN

Create your own video game with UME Academy! Students will learn creative problem solving and computational thinking through the game design process while employing the tools and technology that power top games. Each class is rooted in a STEM (Science, Technology, Engineering and Math) topic and includes time to create, play and analyze games.

Reduced rate for Spring 2019: This program is made possible through funding provided by the Government of British Columbia and support from the BC Recreation and Parks Association (BCRPA)

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – T2	Gr. 2 – 3	Tuesdays	3 – 4 PM	Library	Apr 9 – May 28	8	$75
C – T3	Gr. 4 – 5	Tuesdays	4 – 5 PM	Library	Apr 9 – May 28	8	$75

WEDNESDAYS:

BASKETBALL

Want to play out Basketball?. The program teaches participants the fundamentals to play basketball. Teaching basic skills and concepts through a series of progressive lesson plans, participants learn different techniques and strategy. We will constantly challenge and encourage participants to improve their skills and have fun playing basketball!

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – W1	Gr. 1 – 5	Wednesdays	3 – 4 PM	Gym	Apr 10 – May 29	8	$40

BUDDING ARTISTS: ACRYCLIC PAINT CLASS

Learn about the great artists like van Gogh, Bob Ross, Salvador Dali, and Emily Carr! We will be learning painting styles, techniques, and history. Come and unleash your creative talents! (No experience necessary)

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – W2	Gr. 4 – 5	Wednesdays	3 – 4 PM	MPR	Apr 10 – May 1	4	$50

WRITER'S INK: CREATIVE WRITERS

Is your head full of stories and poetry dying to get out? Do you need help getting them on paper? Come to this class and learn about the power of adjectives, different and unique writing styles, onomatopoeia, oxymoron, similes, fun styles of poetry, and more! This is a fun and interactive writing class!

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – W3	Gr. 4 – 5	Wednesdays	3 – 4 PM	MPR	May 8 – May 29	4	$40

THURSDAYS:

DUCKS VOLLEYBALL

A Community Partnership between School District 43, Ducks Volleyball Club & Coquitlam Secondary Schools Athletics - Moresports is a neighborhood-based afterschool program that provides physical activity opportunities to children at their own school. The focus is on fun, inclusion and connecting kids to sport, other kids and older youth mentors.
**PLEASE NOTE: LATER START DATE

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – Th1	Gr. 4 – 5	Thursdays	3 – 4 PM	Gym	Apr 18 – Mar 30	7	$30

CLAYMATION

This class is perfect for busy hands! Learn the process of claymation using modeling clay to create characters and environments for your very own stop-motion animations.

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Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – Th2	Gr. K – 3	Tuesdays	3 – 4 PM	Library	April 11 – May 30	8	$50
C – Th3	Gr. 3 – 5	Tuesdays	4 – 5 PM	Library	April 11 – May 30	8	$50

FRIDAYS:

LE PETIT GOURMET COOKING

Come out and make delicious snacks, dishes and desserts. The dishes we will prepare start quick and easy and move to more advanced skills throughout the program. Each week we will prepare a different dish ranging from baked goods to snacks as well as quick meals. While learning to cook, you will also learn about kitchen safety, and nutrition and play games to learn about the different food groups and much more. Let's start cooking!

SESSION 1
Week 1: Butter Chicken Lasagna Roll Ups
Week 2: Mexican Vanilla Cake w/ Cinnamon Ganache
Week 3: Sesame Chicken Noodle Bowls
Week 4: Strawberry Shortcakes

SESSION 2:
Week 1: Summer Grilling
Week 2: Old Fashioned Cheeseburgers
Week 3: BBQ Chicken Burgers
Week 4: Homemade Vanilla Ice-Cream with Grilled Fruit

Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – F1	Gr. 1 – 5	Fridays	3 - 4:30 PM	MPR	Apr 12 – May 17	4	$65
C – F2	Gr. 1 – 5	Fridays	3 - 4:30 PM	MPR	May 24 – June 14	4	$65

MPOWER NINJA

This Mpowerment program will introduce your child to find their inner ninja through self-defense/ martial arts, safety guidelines, fitness and play. There will be a series of fun activities, and drills designed to develop skills and team work. Social values such as respect, kindness and compassion will develop their social and emotional learning.

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Code	Grades	Day	Time	Room	Dates	# of Sessions	Price
C – F3	Gr. 2 – 5	Fridays	3 – 4:30 PM	Gym	April 12 – May 31	6	$35

How to Register

Our Community School After School Programs Registration is online through will accept payment using Visa; MasterCard or Interac/Debit from most major banks.

You will get instant confirmation of your spots in the programs you choose. An email address is required in order to get your confirmation # and print out your receipt of payment.

To access the registration website please **visit the Central Community School Website then click on the "Community Programs" button on the homepage.**

If you do not wish to register online there is an option to register by filling out the *paper registration forms*. They are located at the Central Community School main office. Please return complete forms and payments by cash or cheque made payable to ***SD43 Central Community Programs***.

Refund/Cancellation Policy: We will gladly refund your account, for any reason, within the registration period. Refunds will be pro-rated and subject to a $5.00 administration fee for cancellation after the start of programs. No refunds will be given on the day of the second class or later.

If any assistance is needed with registration, please contact Dasha Belskaya at dbelskaya@sd43.bc.ca Thank you!