

MINNEKHADA MIDDLE SCHOOL

SUMMER 2025 PROGRAMS

Registration Starts: Wed, April 9th at 8am

Program Dates: June 30–July 25

Programs will NOT run on and Stat Holidays **

KIDS KITCHEN

Kids Kitchen is designed to teach middle school students essential cooking skills, from basic food preparation to understanding recipes and adjusting ingredients to suit their needs. Through hands-on cooking experiences, students will gain the confidence to create simple, delicious meals while learning the fundamentals of kitchen safety, nutrition, and creativity in the kitchen.

| Week | Grades | Time | Dates | # of days | Price | Location |
|--------|--------|--------|--------------|-----------|-------|----------------|
| WEEK 1 | Gr 6–8 | 9am–12 | Jun 30–Aug 4 | 4 | \$ | Healthy Living |
| WEEK 2 | Gr 6–8 | 9am–12 | July 7–11 | 5 | \$ | Healthy Living |

SOCCER PROGRAM

Our Summer Soccer Program is designed to help players of all skill levels improve their soccer abilities in a fun, supportive environment. Whether you're a beginner or an experienced player, this program is perfect for helping you grow as an athlete and develop your skills on the field.

Our program focuses on building essential soccer skills such as passing, dribbling, shooting, defense, and teamwork. Each session includes mini-games that encourage active participation, strategic thinking, and friendly competition. These games provide hands-on opportunities for players to apply what they've learned in practice, promoting both individual growth and team development.

| Week | Grades | Time | Dates | # of days | Price | Location |
|--------|--------|--------|-----------------|-----------|-------|----------|
| WEEK 1 | Gr 6–8 | 9AM–12 | JUN 30–JUL 4 | 4 | \$100 | Outside |
| WEEK 2 | Gr 6–8 | 9AM–12 | JULY 7–JULY 11 | 5 | \$125 | Outside |
| WEEK 3 | Gr 6–8 | 9AM–12 | JULY 14–JULY 19 | 5 | \$125 | Outside |

BEGINNER THEATRE CAMP

This camp focuses on cartooning and drawing, where students learn various sketching techniques and cartooning fundamentals. Projects typically include creating comic strips and developing cartooning skills. Additionally, we incorporate hands-on activities where kids design tangible items such as tote bags, t-shirts, and more, bringing their artwork to life.

| Week | Grades | Time | Dates | # of days | Price | Location |
|--------|--------|--------|--------------|-----------|-------|----------|
| WEEK 1 | Gr 6-8 | 9am-12 | Jun 30-Jul 4 | 5 | \$140 | MPR |

CARTOONING CAMP

This camp focuses on cartooning and drawing, where students learn various sketching techniques and cartooning fundamentals. Projects typically include creating comic strips and developing cartooning skills. Additionally, we incorporate hands-on activities where kids design tangible items such as tote bags, t-shirts, and more, bringing their artwork to life.

| Week | Grades | Time | Dates | # of days | Price | Location |
|--------|--------|--------|-----------|-----------|-------|----------|
| WEEK 2 | Gr 6-8 | 9am-12 | July 7-11 | 5 | \$145 | MPR |

FOOTBALL

Our Youth Flag Football Program is designed to introduce kids in grades 6-8 to the basics of football in a fun, engaging, and non-contact environment. This program focuses on teaching essential skills, building confidence, and promoting teamwork through a mix of drills and game play. Participants will learn: ****Basic Football Knowledge****: Understanding the fundamentals of the game, including rules, positions, and strategies. ****How to Throw and Catch****: Proper techniques for throwing a spiral pass and catching safely and effectively. ****Agility and Speed****: Agility ladder drills to improve footwork, coordination, and overall athleticism. ****Flag Football Games****: Non-contact, skill-focused games to practice what they've learned in a fun and safe setting.

| Day | Grades | Time | Dates | # of days | Price | Room |
|--------|--------|--------|-----------|-----------|-------|---------|
| Week 2 | Gr 6-8 | 12-3pm | JULY 7-11 | 5 | \$155 | Outside |

VISUAL ARTS WEEK

This art sampler camp allows students to explore a variety of mediums, including clay, painting, drawing, crafting and mixed media. Each day features a new artistic technique, giving students a well-rounded creative experience

| Week | Grades | Time | Dates | # of days | Price | Location |
|--------|--------|--------|------------|-----------|-------|----------|
| WEEK 3 | Gr 6-8 | 9am-12 | July 14-19 | 5 | \$155 | MPR |

ACTION WEEK

Where action meets fun! Bubble Ball, Battle Archery, Kickball, and heaps more. This camp is an epic combination of team building and competition. Campers will compete in a verity of different games and challenges during this jam packed, action filled day. Campers will enter bubbles competing in soccer challenges; they will learn how to use a bow and have a dodgeball-like battle using foam tipped arrows.

| Week | Grades | Time | Dates | # of days | Price | Location |
|--------|--------|---------|------------|-----------|-------|-------------|
| WEEK 3 | Gr 6-8 | 9am-3pm | July 14-19 | 5 | \$185 | Gym/Outside |

CRAFTING WEEK

In our crafting programs, kids explore a variety of mediums with a focus on fabrics, DIY projects, and creating fun, functional items they can use and enjoy.

| Day | Grades | Time | Dates | # of days | Price | Room |
|--------|--------|--------|------------|-----------|-------|------|
| Week 4 | Gr 6-8 | 9am-12 | July 21-25 | 5 | \$155 | MPR |



***Programs could be cancelled due to low registration.
All registrations are on first come, first serve basis.***



MACRAME

Dive into the ancient art of fun rope and string patterns. Students will learn the basics of techniques of working with different types of string starters and personalize their projects.

| Day | Grades | Time | Dates | # of days | Price | Room |
|--------|--------|--------|------------|-----------|-------|------------------|
| Week 4 | Gr 6-8 | 9am-12 | July 21-25 | 5 | \$160 | LEARNING COMMONS |

BASKETBALL!

At RIZE Athletic Academy our mission is to help the next generation unlock their potential, whether you are a beginner or an experienced basketball player, we have specialized coaches dedicated to providing a skills training program that focuses on building foundational basketball skills as well as mentoring the youth. We will focus on developing fundamental basketball skills such as dribbling, shooting, passing and footwork through various drills and exercises as well as help them fall in love with the game while having fun. RIZE to your potential!

| Day | Grades | Time | Dates | # of days | Price | Room |
|--------|--------|--------|------------|-----------|-------|------|
| Week 4 | Gr 6-8 | 12-3pm | July 21-25 | 5 | \$205 | GYM |

Registration:

Our Community School Summer Programs Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

To access the registration website please visit the Minnekhada School website or click on the direct link here:

[CLICK HERE FOR LINK TO REGISTRATION PAGE](#)

Any questions, please email Silvia Jorge at sjorge@sd43.bc.ca Refund/Cancellation Policy: Refunds will only be available, for any reason, within the registration period. No refunds will be issued after the program starts date.



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MINNEKHADA MIDDLE SCHOOL

SKILLS FOR LIFE SUMMER PROGRAM

\$150
per
week

WEEKLY CAMP OPTIONS:
JULY 7-11 FROM 9AM-12PM
JULY 14-19 9AM-12PM
JULY 21-25 9AM-12



AT MINNEKHADA MIDDLE SCHOOL

REGISTER ON THE KARELO WEBSITE

Click here to register



Our Skills for Life Summer Camp is a supportive and inclusive program designed to help children with diverse abilities build essential social and life skills in a fun and engaging environment. Through a combination of structured activities, group interaction, and individualized support, we provide students with the tools they need to gain confidence, form friendships, and navigate everyday challenges.

In addition to fostering social and life skills, our program focuses on developing self-regulation skills, problem-solving abilities, and practical life skills like cooking. We aim to empower campers to manage their emotions, make thoughtful decisions, and apply problem-solving strategies in various situations. Cooking activities offer a hands-on way to practice following directions, teamwork, and independent task management.

Our goal is to create a safe, welcoming space where every child can thrive, grow, and have fun.

Students are to bring their own support staff to assist them in the program, ensuring they receive the personalized support they need to succeed.

LIFE SKILLS

COOKING

SOCIAL SKILLS

Students are to bring their own support staff to assist them in the program, ensuring they receive the personalized support they need to succeed.